

Self-Exclusion Programs - Internet Controls & Web Blocking Software - FamilyTime

****Resource For the Gambler and Loved Ones**

• Self-Exclusion Programs - Internet Controls & Web Blocking Software

Self-Exclusion Internet Controls & Web Blocking Software such as **BetBlocker**, **Gamban**, **Gamblock**, and **Gambling Block** can also be a powerful tool for those that gamble on the Internet and would like to block the ability to access gambling sites, track and control Internet usage, or restrict access at specific times. Like self-exclusion, web-based exclusion programs allow users to “ban” themselves from being able to gamble online. There are free options as well as paid options, and this resource allows users to continue to utilize their computer for work and leisure but attempts to reduce the temptation to gamble as a result of pop up gambling site advertisements that would otherwise appear without the program. Many offer valuable tools such as the ability to track internet usage and even device location. A great feature of some web blocking software is that once installed, if the user tries to remove the program from their device, a prompt appears showing a map of available problem gambling resources in their area (such as the 888-ADMIT-IT HelpLine). There are also child protection websites such as, **Net Nanny**, **Cybersitter**, **Norton Family**, **Netsweeper**, **OpenDNS**, **FamilyTime**, and **Qustodio** available, to help prevent underage access to online gambling. **Freedom** is an app and website blocker designed to improve focus and productivity by temporarily blocking distracting websites and apps (including gambling websites and apps) across multiple devices. Additionally, family features and apps offered by wireless service providers such as **Verizon Family Plus**, the **AT&T Secure Family® App**, and **T-Mobile’s FamilyMode® App**, offer the ability for their customers to block gambling apps and websites in addition to other sensitive content.

Some of the FCCG’s Online Gambling Self-Exclusion Internet Controls and Webblocking Software Program Resource Referrals include the following:

➤ FamilyTime

FamilyTime is a parental-control and family-safety app designed to help parents manage how children and teens use their smartphones and tablets. It provides tools to keep families safe both online and offline, with robust controls that allow parents to shape healthy digital habits. FamilyTime lets parents block inappropriate or harmful content—including violence, sexual content, drugs, alcohol, and gambling-related websites and apps—either by filtering entire categories or by manually blocking specific sites and applications. Parents can also prevent access to app stores to stop the installation of gambling apps or other restricted content.

FamilyTime offers flexible screen-time management, allowing parents to set daily limits, restrict individual apps, or schedule device-free periods such as bedtime, school hours, or homework time. Real-world safety features include live location tracking, geofencing alerts when a child enters or leaves designated areas, SOS alerts, and a “PickMeUp” button children can use to request a ride. Parents can review detailed reports on browsing activity, app usage, and screen-time patterns across all monitored devices. The app offers multiple subscription tiers depending on the number of devices. FamilyTime is compatible with Android phones and tablets (Android 8.0+), iPhones and iPads (iOS 12+), and desktop computers including both Windows PCs and Mac computers through the FamilyTime Parent App and FamilyTime Jr. installation options, allowing parents to manage and monitor children’s devices across all major device types.

Website: <https://familytime.io/>

➤ About FamilyTime

The Most Powerful Parental Control App for Kids’ Digital Wellbeing

Over 4 million parents worldwide trust the FamilyTime parental monitoring app for its integrated screen time limits, digital safety, and parenting tools.

Start Free Trial: <https://familytime.io/get-started.html>

Live Chat: <https://familytime.io/>

Best Parental Control App Tailored for Every Age Group

FamilyTime - The best parental control app offers digital well-being solutions for every age group to help you deal with the diverse challenges of digital parenting.

3-8 Years Old | Early Childhood

Your little ones are attracted to digital screens and obsessed with watching them for hours, which calls for moderation.

- Set up schedules for screen time to limit their screen exposure.
- Block unsafe apps and games to avoid accidental exposure to the wrong content.
- Enable Safe Search filters to block inappropriate content access.
- Screen Time
- Apps & Game Blocker
- SafeSearch

9-12 Years Old | Pre-teens

On their way to explore new things, your tweens deserve dedicated protection from online predators, explicit content & digital addictions.

- Monitor their social media chats for exclusive insights.
- Setup daily app limit on frequently used apps to control addiction.
- Use web filters to make the web safe for your tweens.
- Social Media Monitoring
- App Limits
- Web Filtering

13-17 Years Old | Teenagers

Your teenager's urge to experience new things and enthusiasm about their interests, passion, and connections require your support and attention.

- Review visited places know your teen's growing interests.
- Set speed limits and get alerts when overspeeding.
- Monitor calls & SMS logs to be aware of their contacts and communication.
- Location Tracking
- Safe Teen Drive
- Calls & SMS Logs

FamilyTime Parental Control App - Assisting Your Digital Parenting Journey

Digital parenting is complex when you are doing it alone. FamilyTime parental monitoring app assists you on this journey, making it simple.

Smart Screen Time Controls

Foster balanced and responsible device usage among kids by using ultimate screen time controls to limit screen time, set daily app limits, and schedule the internet.

- Schedule Screen Time
- Individual app limit
- Daily Usage Limits
- Schedule internet

View All Features: <https://familytime.io/features/>

Filter Content & Apps

Keep the age-inappropriate content, apps & games out of your child's access. Block apps & games, filter websites, and enable safe searches with content safety tools.

- Apps & Games Blocker
- Web Filters & SafeSearch
- Websites Blocker
- Approve Apps & Games

View All Features: <https://familytime.io/features/>

Monitor Kid's Phone Activities

Stay up to date with your child's digital activities by cell phone monitoring, reviewing web searches, social media chats, and more to set or change rules accordingly.

- Social Media Monitoring
- Text Messages
- YouTube Watched History
- Calls
- Web History
- TikTok Watched History

View All Features: <https://familytime.io/features/>

Advanced Location Tracker

View your child's live location and the places they visited to track their real-world activities. Also, set safer geo-fence limits and get alerts about their movements.

- Family Locator
- Location Tracking
- Places (Geofence)
- TeenSafe Drive

View All Features: <https://familytime.io/features/>

4.1

Top-rated app

4M+

Families protected

2.5 bn

Threats averted

193

Countries

FamilyTime - Parental Controls & Capabilities

Content & App Controls

- Block gambling apps and websites through category filters or manual blocking
- Block adult/inappropriate content (violence, sexual content, drugs, alcohol, etc.)

- Block specific websites by URL
- Block specific apps on the child's device
- Disable access to the App Store or Google Play to prevent installation of restricted apps
- Filter entire categories of websites and apps with one tap

Screen-Time Management

- Daily screen-time limits for overall device use
- App-specific time limits
- Device-free schedules (bedtime, school hours, homework time, family time)
- Instant pause/lock to stop device use on demand
- Custom screen-time routines for weekdays vs. weekends

Location & Real-World Safety

- Real-time GPS location tracking
- Location history to review past movements
- Geofencing alerts when a child enters or leaves designated zones (school, home, etc.)
- SOS / Panic alerts sent from the child's device
- PickMeUp button for quick ride-request notifications
- Speed alerts for teen drivers (if supported on device)

Monitoring & Reporting

- App usage reports (time spent, frequency, patterns)
- Web browsing history
- Screen-time activity reports (daily, weekly, monthly)
- Call and text monitoring (Android only; limited on iOS due to OS restrictions)
- Contact monitoring to flag unknown or risky contacts

Device & Communication Controls

- Call blocking for unwanted numbers (Android)
- Text message monitoring and alerts (Android)
- Safe-mode prevention to stop kids from bypassing controls
- Remote device lock/unlock
- Remote data wipe (in some subscription tiers)

Family Management Tools

- Multiple child profiles under one parent account
- Cross-platform support (iOS + Android)
- Parent dashboard for centralized control
- Custom rules per child
- Flexible subscription tiers

Setup FamilyTime App and be Sure Your Kid's Are Safe

Follow three simple steps to download, connect and manage apps on parent and kid's devices.

1. Download the FamilyTime Dashboard app on parent's device.
2. Download the "FamilyTime Jr" app on your child's device.
3. Scan your QR Code to connect both your device and your child's device within the app to access.

Why FamilyTime is the Best Parental Control App

Take Back Control of Your Family Time with Effortless and Effective Digital Parenting

Why FamilyTime – 30-Day Reporting History

FamilyTime provides up to 30 days of detailed activity reports, giving parents a clear view of app usage, screen time patterns, browsing behavior, and location history. This historical insight helps families identify trends, address concerns early, and reinforce healthier digital habits over time.

Why FamilyTime – FREE Access to New Features

All active FamilyTime subscribers automatically receive free access to new features and enhancements as they are released. Parents never have to pay extra for upgrades, expanded controls, or new safety tools—ensuring long-term value and continuous improvement.

Why FamilyTime – Uninstall Protection

FamilyTime includes strong uninstall protection that prevents kids from removing or disabling the app without parental authorization. This ensures monitoring, filtering, and screen-time rules remain active and cannot be bypassed.

Why FamilyTime – Easy-to-Use Interface

The FamilyTime parent dashboard is designed for simplicity and speed, allowing parents to set rules, block apps, adjust screen-time limits, or check location with just a few taps. Clear menus, intuitive controls, and real-time updates make digital parenting manageable for any skill level.

Why FamilyTime – Co-Parenting Made Easy

FamilyTime supports multiple parent or guardian accounts, enabling co-parents to share access, coordinate rules, and stay aligned on safety settings. Both parents can monitor activity, receive alerts, and manage controls from their own devices—ideal for shared custody or blended families.

Why FamilyTime – GDPR Compliance

FamilyTime is fully GDPR-compliant, ensuring that family data is handled with strict privacy, security, and transparency standards. Parents maintain full control over their data, and FamilyTime adheres to international best practices for safeguarding personal information.

Why FamilyTime – One Account, Multiple Devices

A single FamilyTime parent account can manage multiple children and multiple devices, including smartphones and tablets across both iOS and Android. This makes it easy to protect the entire household under one subscription with unified oversight.

Why FamilyTime – Priority Live Support

FamilyTime offers priority live customer support, giving parents fast access to help when they need it. Whether troubleshooting, setting up controls, or navigating features, support agents are available to provide real-time assistance and ensure families stay protected without frustration.

➤ **About FamilyTime Features**

FamilyTime has State-of-the-art Parenting Tools Integrated Into its Core.

Enjoy peace of mind knowing you have the latest technology at your fingertips to help you navigate every step of your parenting journey.

Parental Toolkit for Your Child's Digital Safety

FamilyTime offers you the best parental control and digital safety tools in one place.

- Safety
- Balance
- Visibility
- Location

Safety

Boost child's digital safety with best parental control app. Block inappropriate content, allow access to child-friendly apps, games & sites, get real time alerts and more.

- **Apps & Games Blocker**
One touch filter to block explicit apps & games
- **Content Safety**
Search filters to block explicit websites, images, videos and more
- **Low Battery Alerts**
Get gentle reminders to charge child's device
- **TeenSafe Drive**
Set speed limit & get alerts for your teen's overspeeding
- **PickMeUp Requests**
Receive real-time reminders from child to plan timely pickups
- **Web Blocker**
Block inappropriate or age sensitive websites
- **Approve Apps & Games**
Allow the kids to access appropriate apps & games only
- **Watchlist Contacts**
Get alerts when a watchlisted contact reaches out to child
- **SOS (Panic Button)**
Receive panic alerts from child when they need help

Balance

Encourage your child to use their digital devices responsibly using screen time controls like app usage limit, screen time limits, downtime schedules and more.

- **Daily Usage Limits**
Set daily screen limits to maintain healthy device usage
- **Schedule Screen Time**
Set a screen time limit to maintain a healthy digital habit
- **FunTime**
Allow additional screen time for weekends or holidays
- **FamilyPause**
Lock child's device immediately for instant control & safety
- **Individual app limit**
Set daily usage limit individually for selective apps

- **Schedule internet**
Block internet access on child's device for a specific time frame
- **TimeBank**
Save unused daily screen time allowance for later use

Visibility

Know what your child is doing in the digital world with smart parental monitoring app. Access activity reports, calls & SMS logs, social media chats and more.

- **30-Day Activity Reports**
Review your child's device usage, location, browsing & more
- **Calls**
Access call logs with contact name, date & time duration
- **App Usage**
Know the most and least frequent apps used by child to adjust limits
- **Installed Apps**
Check the list of installed apps on child's device to control app usage
- **TikTok Watched History**
Check list of videos your child watched on TikTok
- **Contacts**
View all contacts on child's device to manage restrictions as per need
- **Text Messages**
Read SMS your child exchanged to ensure safe communication
- **Web History**
Review your child's searches, and browsed websites, images, videos
- **YouTube Watched History**
Review videos list your child watched on YouTube
- **Social Media Monitoring**
View WhatsApp, Bip, Instagram, TikTok, Imo, Twitch & Signal Chats

Location

Keep a closer look at your family's location anytime with the family locator. Track kid's location, visited places and geo-fence movements with family tracker.

- **Family Locator**
Locate all family member's live location on map at a glance
- **Places (Geofence)**
Track child's live location 24/7 and view location history anytime

- **Location Tracking**
Get gentle reminders to charge child's device

➤ **FamilyTime Knowledge Base**

The FamilyTime Knowledge Base is organized into four primary sections: **General**, **Getting Started**, **Features**, and **Troubleshooting**. Each section provides step-by-step guides, explanations, and visual walkthroughs to help parents install, configure, and manage the FamilyTime parental-control system.

Below is a complete breakdown of each section and the articles included.

1. General

Purpose: Introduces the basics of FamilyTime, explains dashboards, device compatibility, and account security.

Section Link: <https://familytime.io/kb/#general>

Includes:

- FamilyTime - Dashboard
- Accessing FamilyTime Dashboard
- iPhone parent + Android child compatibility
- Securing your Parent Account
- FamilyTime - Child Dashboard
- Battery Issues
- Android parent + iPhone child compatibility
- App Usage and Daily Limit
- Additional general FAQs

2. Getting Started

Purpose: Provides installation instructions, permissions setup, and account configuration for both iOS and Android.

Section Link: <https://familytime.io/kb/#getting-started>

Includes:

- How to Install FamilyTime Child App on Android
- How to Install FamilyTime Dashboard App on Android
- Child App Permissions on Android
- Adding Child Profiles
- How to Install FamilyTime Child App on iOS
- How to Install FamilyTime Dashboard App on iOS
- Child App Permissions on iOS
- Changing Account Password
- Additional setup guides

3. Features

Purpose: Explains how to use each parental-control tool, including screen time, app blocking, location tracking, and more.

Section Link: <https://familytime.io/kb/#features>

Includes:

- How to Set Up/Use Screen Time on iOS
- How to Set Up/Use Screen Time on Android
- How to Set Up/Use App Blocker on Android
- How to Set Up/Use App Blocker on iOS
- How to Set Up/Use Contacts Watchlist (Android)
- How to Set Up/Use Location History (iOS)
- How to Lock/Unlock Android Phone
- How to Set Up/Use FamilyMap
- Additional feature tutorials

4. Troubleshooting

Purpose: Helps parents resolve common issues such as syncing problems, missing data, login issues, and more.

Section Link: <https://familytime.io/kb/#troubleshooting>

Includes:

- Sync Issues
- Missing Child Activity Data
- No New Data
- Didn't Receive Login Credentials
- Other common fixes and diagnostic steps

5. Additional Support Resources

Live Chat: 24/7 access to FamilyTime digital parenting experts

Support Link: <https://familytime.io/kb/> (scroll to "Still Need Help?")

➤ FamilyTime Pricing and Packages

FamilyTime offers three annual subscription plans—**MyFamily**, **MyFamily3**, and **MyFamily5**—each including the full suite of parental-control features. The only difference between plans is **how many child devices** you can monitor.

All plans include a **3-day free trial**, **24/7 live chat support**, and **free future updates**.

Pricing Breakdown

MyFamily

- \$2.41/month (billed annually at \$29)
- Covers 1 child device

MyFamily3 (*Best Value*)

- \$4.08/month (billed annually at \$49)
- Covers 3 child devices

MyFamily5

- \$5.75/month (billed annually at \$69)
- Covers 5 child devices

All plans include the same features—only the number of devices changes.

Feature Comparison Across All Plans

FamilyTime provides a unified feature set across all tiers. Below is a categorized breakdown of everything included.

1. Safety & Content Controls

- Block apps & games
- Approve new apps & games
- Web filtering (including blocking gambling, dating, porn, and harmful content)
- SafeSearch enforcement
- Blacklist specific websites
- Low battery alerts
- Contact watchlist alerts
- TeenSafe Drive (speed limit alerts)
- SOS / Panic button
- PickMeUp requests

2. Screen-Time Management

- Daily screen-time limits
- Individual app limits
- Scheduled screen time (phone lock)
- Scheduled internet downtime (internet block)
- FunTime & TimeBank (save unused time and use later)
- FamilyPause (instant phone lock)

3. Visibility & Monitoring

- 30-day activity reports
- Contacts monitoring
- Call logs (*Android only*)
- App usage reports
- Text message logs (*Android only*)
- Web history
- Installed apps list
- YouTube watched history
- TikTok watched history
- Chat monitoring for:
 - WhatsApp
 - WhatsApp Business
 - Instagram
 - TikTok
 - Bip
 - Signal
 - imo
 - Twitch

(Note: Chat monitoring availability varies by platform; most are Android-only due to iOS restrictions.)

4. Location & Real-World Safety

- Family Locator
- Places / Geofencing
- Location tracking
- Location history
- Arrival/departure alerts

5. Device & Account Management

- Uninstall protection (Android Jr. App)
- Free parent apps (mobile & web)
- Co-parenting support (add guardians)
- Multi-device management under one account
- Windows & Mac dashboard access

6. Support & Updates

- 24/7 premium in-app live chat
- 24/7 premium email support
- Free future updates & new features

Key Takeaways

- All plans include **the full FamilyTime feature set**—no feature gating.
- The only difference is **how many child devices** you need to monitor.
- FamilyTime is one of the few parental-control tools offering **chat monitoring, app approval, SOS alerts, and gambling-site blocking** in a single package.
- Pricing is competitive, especially the **MyFamily3** plan, which offers the best cost-per-device value.

➤ FamilyTime Customer Support - Summary of All Support Methods

FamilyTime provides around-the-clock customer support through multiple channels designed to help parents set up the app, troubleshoot issues, and manage digital-parenting tools effectively. Their support system combines real-time assistance, self-service resources, and expert guidance.

1. Live Chat Support (24/7)

FamilyTime's primary support channel is its 24/7 live chat, staffed by trained support agents who provide real-time help.

What it offers:

- Instant access to support specialists
- Assistance with installation, setup, and troubleshooting
- Real-time resolution of technical issues
- High satisfaction and resolution rates

Access Live Chat:

<https://familytime.io/support.html> (scroll to "Live Chat")

2. In-App Support

Parents can access support directly within the FamilyTime parent app.

What it offers:

- Step-by-step help during setup
- Troubleshooting guidance
- Direct chat with support agents
- Ideal for device-specific issues

3. FamilyTime Knowledge Base

A comprehensive library of guides, tutorials, and troubleshooting articles.

Includes:

- General information
- Getting Started guides
- Feature-specific tutorials
- Troubleshooting steps

Access Knowledge Base:

<https://familytime.io/kb/>

4. Email Support

FamilyTime also provides email-based support for account issues, billing questions, and escalations.

Email:

support@familytime.io

5. Website Support Portal

The main support page consolidates all help options, including FAQs, live chat, and links to the Knowledge Base.

Support Portal:

<https://familytime.io/support.html>

Frequently Asked Questions

What is the FamilyTime Dashboard?

The Dashboard is the parent's control center for managing children's devices. It works on desktop browsers without requiring the app.

How do I get started with the app?

Install the FamilyTime parent app, create an account, then install FamilyTime Jr. on your child's device and link it to your dashboard.

What is FamilyTime Premium?

The full-feature version of the app, including all parental controls, updates, and new features. The free version has limited functionality.

How does FamilyTime handle information?

FamilyTime follows GDPR protocols and does not sell or share user data. Information is used only for parental-control features and product improvement.

Is FamilyTime compatible with Android and iOS?

Yes. It requires Android 8.0+ or iOS 12+ for full functionality.

How do I activate my account?

Sign up with your email, verify it through the confirmation email, and log into the Dashboard.

Is it legal to use FamilyTime?

Yes. Parents must sign a Parental Consent Form to monitor children under 13. FamilyTime complies with legal and ethical monitoring standards.

Can kids uninstall FamilyTime?

No. The Uninstall Protect feature prevents children from removing the app without parental authorization.